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International Karate Organization Kyokushinkaikan World So-Kyokushin

So-Kyokushin North American Black Belt Congress March 29 - 31, 2019

We are pleased to announce that the first **So-Kyokushin North American Black Belt Congress** will be held on March 29 - 31, 2019 in Waterbury, Vermont.

The intent of this training is to provide an opportunity for So-Kyokushin members to gather in the spirit of camaraderie, collaboration, and a sharing of knowledge. Further, this event provides a chance to support one another with the exchange of ideas, and to address questions pertaining to the organization, syllabus, rank standards, etc.

This event is open to all So-Kyokushin yudansha as well as brown and green belts only - ages 13 and up. This year, we are very fortunate to host guest instructor Tomoyuki Monma, Shihan from Japan.

General Information

The following timetable is approximate and is subject to change as required.

Friday, March 29

Check in:	5:30 PM - 6:00 PM	Location:
Session 1:	6:00 PM - 8:00 PM	Green Mountain Dojo 80 Commercial Drive #3 Waterbury VT 05676

Saturday, March 30

Session 2:	8:00 AM - 9:45 AM	Training Location:
Break:	9:45 AM - 10:15 AM	Thatcher Brook Primary School 48 Stowe Street Waterbury VT 05676
Session 3:	10:15 AM - 12:00 PM	
Lunch break:	12:00 PM - 1:30 PM	
Session 4:	1:30 PM - 3:00 PM	
Meeting and Group Dinner:	6:00 PM	At Green Mountain Dojo

Sunday, March 31

Session 5:	8:00 AM	-	9:45 AM	Training Location: Thatcher Brook Primary School 48 Stowe Street Waterbury VT 05676
Break:	9:45 AM	-	10:00 AM	
Session 6:	10:00 AM	-	12:00 PM	
Lunch break:	12:00 PM	-	1:00 PM	
Session 7 & Shinsa:	1:00 PM	-	3:30 PM	

Training Fees & Registration

Registration forms and fees are required in advance of the event by March 8.

Participant fee for entire weekend: \$150

Additional immediate family member \$125

All fees include the group dinner on Saturday evening (extra guests \$10).

Registrations received after March 8 or on day of event: \$175

Payment please via check in US funds payable to 'Green Mountain Dojo'.

Registration Deadline

We kindly request that all participants complete the attached registration form and return with your payment to be received by March 8 to:

Toni Flynn
1176 Stagecoach Road
Morrisville VT 05661

What to bring

Please bring sparring gear, water bottle, towel, notebook etc. We recommend bringing a light lunch and/or snacks to training as a more convenient option than leaving for lunch. There are however, a few sandwich shops and grocery stores nearby if you prefer to leave for breaks.

Travel

Burlington International Airport (BTV) is the closest airport to the training location. Burlington airport is approximately 30 minutes to Waterbury. Both the dojo and the school venue are in Waterbury. Stowe is approximately 45 minutes from the airport.

Accommodations

Hotels located in Waterbury or Stowe are the best option. There are a number of lodging choices in all price ranges. We highly recommend that you **book your accommodations as early as possible**. Please use www.gostowe.com or www.hotels.com to search for accommodations. If you need assistance, please let us know.

We look forward to seeing you in March!

Regards,

Tom Flynn, Rokudan
Toni Flynn, Yondan
Green Mountain Dojo - World So-Kyokushin

Contact Info:
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